

Chants for November 13 Sesshin

Robe Chant

Great robe of liberation
Field far beyond form and emptiness
Wearing the Tathagata's teaching
Saving all beings

DAI SAI GEDAP-PUKU
MUSO FUKU DEN E
HI BU NYORAI KYO
KO DO SHOSHU JO

Great robe of liberation
Field far beyond form and emptiness
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Lecture Opening

An unsurpassed, penetrating and perfect dharma
Is rarely met with even in a hundred thousand million kalpas. Having it to see and
listen to, to remember and accept,
I vow to taste the truth of the Tathagata's words.

Four Vows (after lecture chant)

Beings are numberless;
I vow to awaken with them.
Delusions are inexhaustible;
I vow to end them.
Dharma gates are boundless;
I vow to enter them.
Buddha's way is unsurpassable;
I vow to become it.

Great Wisdom Beyond Wisdom Heart Sutra

Avalokiteshvara Bodhisattva

When practicing deeply the prajna paramita
Perceived that all five skandhas in their own being are empty
And was saved from all suffering.

"O Shariputra, form does not differ from emptiness
Emptiness does not differ from form.
That which is form is emptiness; that which is emptiness, form.
The same is true of feelings, perceptions, formations, consciousness.

O Shariputra, all dharmas are marked with emptiness;
They do not appear nor disappear,
Are not tainted nor pure, do not increase nor decrease.

Therefore in emptiness, no form,
No feelings, no perceptions, no formations, no consciousness;
No eyes, no ears, no nose, no tongue, no body, no mind;
No color, no sound, no smell, no taste, no touch, no object of mind;
No realm of eyes until no realm of mind-consciousness;
No ignorance and also no extinction of it until no old-age-and-death
And also no extinction of it;
No suffering, no origination, no stopping, no path;
No cognition, also no attainment. With nothing to attain
A bodhisattva depends on prajna paramita and the mind is no hindrance. Without
any hindrance no fears exist;
Far apart from every perverted view one dwells in nirvana.
In the three worlds all buddhas depend on prajna paramita
And attain unsurpassed complete perfect enlightenment.
Therefore know the prajna paramita is the great transcendent mantra,
Is the great bright mantra, is the utmost mantra,
Is the supreme mantra, which is able to relieve all suffering
And is true, not false.
So proclaim the prajna paramita mantra,
Proclaim the mantra that says:
Gate, gate, paragate, parasamgate! Bodhi! Svaha!

METTA SUTTA

This is what should be accomplished by the one who is wise,
Who seeks the good and has obtained peace.
May I be strenuous, upright and sincere,
Without pride, easily contented and joyous.
May I not be submerged by the things of the world.
May I not take upon myself the burden of riches.
May my senses be controlled.
May I be wise but not puffed up,
and may I not desire great possessions, even for my family.
May I do nothing that is mean or that the wise would reprove.
May all beings be happy.
May they be joyous and live in safety.
All living beings, whether weak or strong,
In high or middle or low realms of existence,
Small or great, visible or invisible, near or far,
Born or to be born, may all beings be happy.
May I not deceive another, nor despise any being in any state;
May I not by anger or hatred wish harm to another.
Even as a mother at the risk of her life,
Watches over and protects her only child,
So with a boundless mind may I cherish all living things,
Suffusing love over the entire world –
Above, below, and all around, without limit;
So may I cultivate an infinite good will toward the whole world.
Standing or walking, sitting or lying down,
During all my waking hours,
May I practice the way with gratitude.
Not holding to fixed views,
Endowed with insight,
Freed from sense appetites,
One who achieves the way will be free
From the duality of birth and death.

Universal Eko

All Buddha ten directions three times
All Beings Bodhisattvas Mahasattvas
Wisdom Beyond Wisdom, Maha Prajna Paramita

Japanese Heart Sutra

Maka Hannya Ha Ra Mitta Shin Gyo

Kan ji zai bo satsu gyo jin hannya ha ra mitta ji sho ken
go on kai ku do issai ku yaku sha ri shi shiki fu i ku ku fu
i shiki shiki soku ze ku ku soku ze shiki ju so gyo shiki
yaku bu nyo ze sha ri shi ze sho ho ku so fu sho fu
metsu fu ku fu jo fu zo fu gen ze ko ku chu mu shiki mu
ju so gyo shiki mu gen ni bi zes shin ni mu shiki sho ko
mi soku ho mu gen kai nai shi mu i shiki kai mu mu
myo yaku mu mu myo jin nai shi mu ro shi yaku mu ro
shi jin mu ku shu metsu do mu chi yaku mu toku i mu
sho tok ko bodaisatta e hannya ha ra mitta ko shin mu
ke ge mu ke ge ko mu u ku fu on ri issai ten do mu so
ku gyo ne han san ze sho butsu e hannya ha ra mitta ko
toku a noku ta ra san myaku san bo dai ko chi hannya
ha ra mitta ze dai jin shu ze dai myo shu ze mu jo shu
ze mu to do shu no jo issai ku shin jitsu fu ko ko setsu
hannya ha ra mitta shu soku setsu shu watsu gya te gya
te ha ra gya te hara so gya te bodhi sowa ka hannya
shin gyo

Eko: Ji Ho San Shi I Shi Fu
Shi San Bu Sa Mo Ko Sa
Mo Ko Ho Ja Ho Ro Mi

Three Refuges

I take refuge in Buddha.
May all living beings
Embody the great way,
Resolving to awaken.

I take refuge in Dharma.
May all living beings
Deeply enter the sutras,
Wisdom like an ocean.

I take refuge in Sangha.
May all living beings
Support harmony in the community,
Free from hindrance.